

Advice To Patients

Using EMLA cream

You have been given EMLA cream by your dentist to be used by either yourself or for your child. This cream is designed to numb the back of the hand to prevent patients from feeling the placement of the small plastic tube, through which we deliver the sedation medication.

Please read the following instructions thoroughly and try to follow them as closely as possible. If you do not follow the instructions carefully it may affect how effectively the EMLA cream works.

Instructions for applying EMLA:

- Please carry out the following steps ONE HOUR prior to your dental appointment.
- Squeeze half the tube into a mound on the back of both hands - DO NOT RUB IN.
- Peel the beige coloured centre cut out from the dressing supplied.
- Peel the paper (marked 3M tegaderm) from the dressing.
- Apply the adhesive dressing with its paper frame to cover the EMLA cream - DO NOT SPREAD.
- Remove the paper frame using the cut marks and smooth down the edges of the dressing.
- Once you have completed these steps please ensure the dressings are left untouched. The dental team will remove them at the beginning of your appointment.

If you have any queries or problems using EMLA cream please call Queensway Dental Clinic on 01642 554 667